# 2019 RICHARDS KNIGHTS FOOTBALL

# 2019 7th and 8th Grade Richards Football Schedule

Thursday, August 22

# Sign-Up & Helmet Handout 3-5 pm

Players must bring:

- Physical dated after April 15, 2019
- Pay to participate form or receipt of on-line payment. Online payment info may be found at:
  - Fraser.k12.mi.us then click on Athletics
- A combination lock for your locker

Monday, August 26 1st Day of Conditioning- Helmets & mouthpiece 3-5 pm

Tuesday, August 27 2<sup>nd</sup> Day of Conditioning-Helmet & mouthpiece 3-5 pm

Wednesday, August 28 3rd Day of Conditioning-Helmet & mouthpiece 3-5 pm

Thursday, August 29 4th Day of Conditioning-Helmet & mouthpiece 3-5 pm

Friday, August 30 Concussion Test at Fraser HS TBD

Tuesday, Sept 3 Full pad practice 3-5 pm

Wednesday, Sept 4 Full pad practice 3-5 pm

Thursday, Sept 5 Full pad practice 3-5 pm

Friday, Sept 6 Full pad practice 3-5 pm

Monday, Sept 9 Full pad practice 3-5 pm

Tuesday, Sept 10 Full pad practice 3-5 pm

Wednesday, Sept 11 Full pad practice 3-5 pm

Thursday, Sept 12 Full pad practice 3-5 pm

Friday, Sept 13 Full pad practice 3-5 pm

# All Practices are Mandatory!!!

#### Game Schedule

All games will be played on Tuesdays starting 9/24. A schedule will be handed out once it has been finalized.

Games will be after school, starting with the 7<sup>th</sup> grade.

Transportation to and from away games will be provided and must be used.

# **Team Expectations**

- EXERCISE over the summer, DO NOT sit in the house playing video games all day!
- Give your best effort in class and complete all your work.
- -Be on your best behavior at all times: The classroom, hallways, lunchroom & bus.
- -Attend practice everyday and be on time everyday!
- -Any unexcused absence from practice will result in the loss of playing time, you cannot get better when you are not at practice. If a player reaches three unexcused absences, they will be removed from the team. If you decide that football is not the game for you, talk to your coaches as we will understand, and turn your equipment in.

Advanced noticed with a reasonable justification is required for an absence to be considered excused.

- -Listen to your coaches and be willing to sacrifice for the team!
- -Everyone will play in the games, how much will determined by you. Class work, behavior, attendance, effort, and ability are all factors that will go into the playing time each player will receive.

## **Football Coach Information**

7th Grade Coaches: Erik Anderson, Brent Carter, Steve Norgrove

Anderson email: erik.anderson@fraserk12.org

Team Remind App: To join, text the message: @richardsfo
To the number: 81010

8th Grade Coaches: Ray Herrera, Mike Kuharcik, Brad Truszkowski

Truszkowski email: <u>Truszkowski77@yahoo.com</u>

## Richards Football 2019

### Parent Information

1.All players must have a physical form completed by a physician dated after April 15, 2019 in order to begin practicing. The physical will be good for all 2018/19 sports.

- 2. All pay to participate forms must be completed with payment before the first regular season game. Without payment, your student athlete may not participate. All pay to participate information is available at:

  www.fraser.k12.mi.us click on the Athletics tap and you will find the form
- 3. Other athletic forms from the district ie: emergency card, will be handed out during signups for the players to take home and have completed. These must be turned in before our first scrimmage.
- 4. Players are expected to be at every scheduled practice. If your student athlete needs to miss practice, please let the coaches know in advance.
- 5. Coaches will receive eligibility reports from teachers on a weekly basis. Students will be eligible to with satisfactory reports in academics, behavior, and effort. If a student an unsatisfactory mark in any of those areas, they will receive a point. 3 points accumulated for a given week, will cause that player to be ineligible to play for that week.
- 6. All parents are required to attend a MANDATORY district athletic meeting that will deal with eligibility and expectations throughout your student's athletic career in Fraser Public Schools. Details will be announced when they are confirmed with our Athletic Director, Shane Redshaw.
- 7. Parent volunteers for be need for home games with concessions and the chains. Mr Redshaw will have more information on how and where to sign up.
- 8. Fraser Public Schools prohibits parents to be volunteer coaches at practices or during games if they have a child attending that school.
- 9. When it comes to concerns over playing time, we would prefer the athlete meet with the coaches after practice to discuss what they need to do to earn more playing time. The players are at practice everyday and witness efforts and performances given on a daily basis.